

# ***Oral & Maxillofacial Surgeons of Houston***

**R. Kent Stobaugh, D.D.S.**

**Paul S. Metz, D.D.S., M.D.**

**713-464-2833**

## PREOPERATIVE INSTRUCTIONS

1. Get a good night's sleep before your surgery.
2. Do not eat or drink anything - even water - after midnight the night prior to surgery unless otherwise directed by the doctor or staff.
3. Please be accompanied by a responsible adult who will remain in the office during your treatment, drive you home, and care for you following your surgery.
4. Wear loose, comfortable clothing with short sleeves. Eye makeup should be kept to a minimum. False eyelashes or contact lenses should not be worn to your appointment.
5. Good oral hygiene is essential for proper healing. Brush, floss, and rinse with salt water prior to surgery.
6. Please be prompt to your appointment so as not to inconvenience our other patients.
7. If you have any questions, please feel free to call our office at (713) 464-2833.

909 Frostwood, Suite 262    Houston, TX 77024  
Memorial Hermann Memorial City